



IRONMAN[®] ST. GEORGE UTAH

FORD IRONMAN ST. GEORGE FAST FACTS

DATE: May 7, 2011

LOCATION: St. George Town Square will serve as the bike-to-run transition and finish line location

DISTANCES: 2.4-mile swim, 112-mile bike, 26.2-mile run all completed in succession

CUTOFF TIME: Swim cutoff: 9:20 a.m., Bike Cutoff: 5:30 p.m., Run Cutoff: Midnight

ATHLETES: Approximately 2,100 from 49 states and 39 countries as of press time

AT STAKE: 65 qualifying spots to the 2011 Ford Ironman World Championship in Kailua-Kona, Hawai'i, as well as a \$75,000 professional purse prize

DIAL 511 FOR INFORMATION

With a rapidly growing transportation system, travelers need current travel information fast. Dial 511 from any cell or conventional phone 24 hours a day for up-to-the-minute reports about:

- Special Events
- Airports
- Traffic Conditions and Road Closures
- Tourism
- Transit
- Metro Region Quick Reports

Just dial 511 and press the * key to activate the system's touchtone mode. You'll be guided through the available features. You may also use the voice-activated prompts. When using voice activation, please listen to the entire introduction and reduce background noise. Outside Utah, you can access the same information by dialing toll-free 866-511-UTAH (8824). In addition, travel information is available via the internet at <http://commuterlink.utah.gov>. For traffic information on race day you can also call 435-627-4766.

ADDITIONAL NOTES TO SPECTATORS

CROSSWALKS: Crosswalks will be set up at convenient locations along the bike course. Please follow the instructions of the crossing guard when using a race-related crosswalk. Always use caution when crossing any portion of the Ford Ironman St. George race course.

SPECTATOR PARKING: Personal vehicles will not be allowed into Sand Hollow State Park on race day. Spectators who want to view the swim start should park at the Washington County Fairgrounds, located on the south side of State Road 9, at 5300 West. Shuttle buses will take spectators from the Washington County Fairgrounds to the swim start at Sand Hollow Reservoir. Spectators who want to view the bike-to-run transition and finish line in Town Square should park at the Dixie Sun Bowl parking lot, located on 100 South between 300 East and 400 East. Spectators can also utilize the surface street parking throughout downtown St. George. Please note that all red zone and handicapped parking areas will be enforced.

SHUTTLE BUS SERVICE: All spectators will have the option of using the complimentary shuttle bus service from the parking lots at the Washington County Fairgrounds to the swim start area at Sand Hollow Reservoir. Shuttle bus service will be available from 5:30–6:30 a.m. **If you choose to go to the swim start, be advised that the shuttle bus service will return spectators to the Washington County Fairground parking lots from 9:30–10:30 a.m.**

IVINS FITNESS FESTIVAL: The Ivins Fitness Festival will be held in UNITY Park, located at 200 West and 400 South, on Saturday, May 7, from 9 a.m. to 3 p.m. The Ivins Fitness Festival will offer the best views of the bike course, as athletes pass by the area at miles 30 and 74. The Ivins Fitness Festival will feature representatives from area health and fitness facilities, a variety of local eateries, unique shops and fun attractions. All spectators will have the option of using the complimentary shuttle bus service, which leaves from 200 West and Tabernacle Street every 15 minutes from 9 a.m. to 2 p.m.

*511 and <http://commuterlink.utah.gov> are provided as free services by the Utah Department of Transportation

GETTING AROUND ON RACE DAY

TRAFFIC IMPACTS FOR THE 2011 FORD IRONMAN ST. GEORGE

SWIM 2.4 MI
BIKE 112 MI
RUN 26.2 MI



IRONMAN[®] ST. GEORGE UTAH

5.7.2011



WWW.ENDURAPIX.COM - Jay Prasuhn

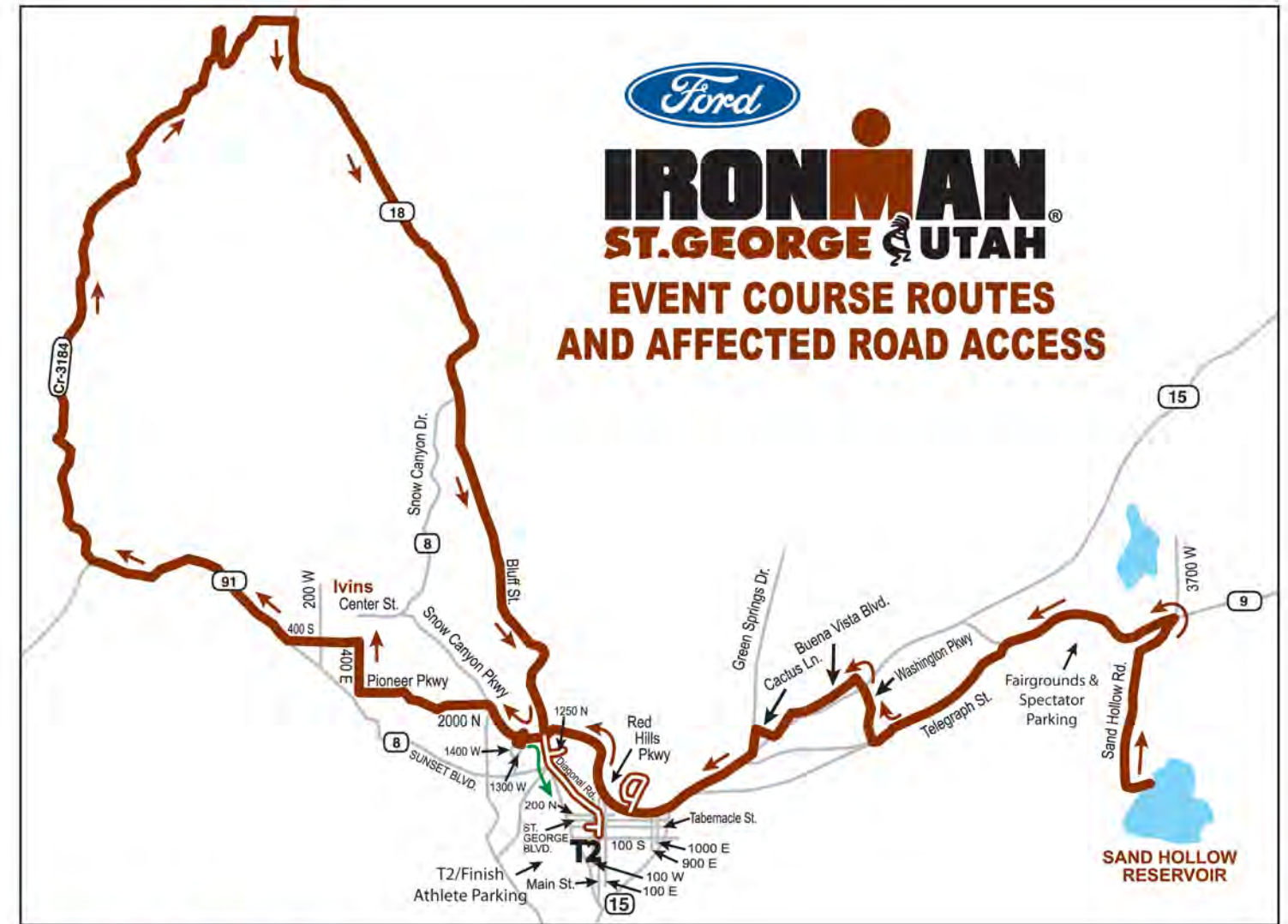
ROAD CLOSURES

BIKE COURSE

STREET AFFECTED	LANES CLOSED	FROM	TO	CLOSED	OPEN	PEAK RACE FLOW
Sand Hollow Rd./3700 W	All	Sand Hollow Reservoir	State Rd. 9	4 a.m.	10 a.m.	8 a.m.–9 a.m.
State Rd. 9	South Eastbound Ln.	Telegraph St.	3700 West	7 a.m.	10:30 a.m.	8 a.m.–9 a.m.
Telegraph St.	North Westbound Ln.	State Rd. 9	Washington Pkwy.	7:30 a.m.	11 a.m.	8:30 a.m.–9:30 a.m.
Washington Pkwy.	East Northbound Ln.	Telegraph St.	Buena Vista Blvd.	7:30 a.m.	11 a.m.	8:30 a.m.–9:30 a.m.
Interstate 15	Northbound On ramp	Exit 13	Exit 13	7:30 a.m.	11 a.m.	8:30 a.m.–9:30 a.m.
Interstate 15	Southbound Off ramp	Exit 13	Exit 13	7:30 a.m.	11 a.m.	8:30 a.m.–9:30 a.m.
Buena Vista Blvd.	All	Washington Pkwy.	Main St.	7:30 a.m.	11 a.m.	8:30 a.m.–10 a.m.
Buena Vista Blvd.	Westbound Ln.	Main St.	Cactus Ln.	7:30 a.m.	11 a.m.	8:30 a.m.–10 a.m.
Cactus Ln.	Northbound Ln.	Buena Vista Blvd.	Green Springs Dr.	7:30 a.m.	11 a.m.	8:30 a.m.–10 a.m.
Green Springs Dr.	West Southbound Ln.	Cactus Ln.	East Red Hills Pkwy.	7:30 a.m.	11 a.m.	8:30 a.m.–10 a.m.
Red Hills Pkwy.	North Westbound Ln.	Green Springs Dr.	900 East	7:30 a.m.	11 a.m.	8:30 a.m.–10 a.m.
Red Hills Pkwy.	All	900 East	State Rd. 18	7:30 a.m.	1 a.m.	10 a.m.–10 p.m.
Snow Canyon Pkwy.	North Westbound Ln.	State Rd. 18	2000 North	7:30 a.m.	6 p.m.	9 a.m.–4 p.m.
Snow Canyon Pkwy.	South Eastbound Ln.	1400 West	State Rd. 18	7:30 a.m.	6 p.m.	9 a.m.–4 p.m.
1300 West	All	Snow Canyon Pkwy.	Primrose Circle	7:30 a.m.	6 p.m.	9 a.m.–4 p.m.
Pioneer Pkwy.	Westbound Ln.	Snow Canyon Pkwy.	400 East in Ivins	8 a.m.	3:30 p.m.	9 a.m.–2 p.m.
400 East	Northbound Ln.	Pioneer Pkwy.	400 South	8 a.m.	3:30 p.m.	9 a.m.–2 p.m.
400 South	Westbound Ln.	400 East	Highway 91	8 a.m.	3:30 p.m.	9 a.m.–2 p.m.
Highway 91	North Ln.	400 South	County Rd. 3184	8 a.m.	3:30 p.m.	9:30 a.m.–2 p.m.
County Rd. 3184	Northbound Ln.	Highway 91	State Rd. 18 in Veyo	8:30 a.m.	4:30 p.m.	9:30 a.m.–2 p.m.
State Rd. 18	Southbound Ln.	Veyo	Snow Canyon Pkwy.	8:30 a.m.	5:30 p.m.	10 a.m.–4 p.m.
Bluff St.	All	Snow Canyon Pkwy.	Sunset Blvd.	7:30 a.m.	1 a.m.	1 p.m.–10 p.m.
Diagonal St.	All	Bluff St.	Main St.	10 a.m.	1 a.m.	1 p.m.–10 p.m.
Main St.	All	200 North	100 South	Fri; 8 p.m.	Sun; 1 a.m.	1 p.m.–10 p.m.
Tabernacle	All	200 West	Main St.	Fri; 8 p.m.	Sun; 1 a.m.	1 p.m.–10 p.m.

RUN COURSE

STREET AFFECTED	LANES CLOSED	FROM	TO	CLOSED	OPEN	PEAK RACE FLOW
St. George Blvd.	All	200 East	200 West	8 a.m.	1 a.m.	1 p.m.–10 p.m.
Main St.	All	100 South	Diagonal	Fri; 6 p.m.	Sun; 1 a.m.	1 p.m.–10 p.m.
Diagonal St.	All	Main St.	Bluff St.	10 a.m.	1 a.m.	1 p.m.–10 p.m.
Bluff St.	All	Diagonal St.	Snow Canyon Pkwy.	7:30 a.m.	1 a.m.	1 p.m.–10 p.m.
1250 North	All	Bluff St.	Red Hills Golf Course	10 a.m.	1 a.m.	1 p.m.–10 p.m.
Red Hills Pkwy.	All	State Rd. 18	1000 East	7:30 a.m.	1 a.m.	1 p.m.–10 p.m.
Main St.	All	100 South	Tabernacle	Thursday	Sunday	
Tabernacle	All	200 West	Main St.	Fri. 5 p.m.	Sun; 1 a.m.	



DETOURS

CITY OF ST. GEORGE:

- Red Hills Parkway closed—Use 700 South
- St. George Boulevard closed from 200 West to 200 East—Use 700 South
- State Road 18 Northbound from Bluff Street—Use Sunset Boulevard to 1400 West to Snow Canyon Parkway to State Road 18
- State Road 18 Southbound—Use Snow Canyon Parkway to Dixie Downs Boulevard to Sunset Boulevard to Bluff Street
- Snow Canyon Parkway Eastbound, west of 2000 North—Use Tuweep Drive to 1800 North to Dixie Downs Drive
- Snow Canyon Parkway Westbound—Use Dixie Downs Drive to 1800 North to Tuweep Drive to Snow Canyon Parkway
- Residents North of Diagonal use 500 North to 200 East to St. George Boulevard

CITY OF WASHINGTON:

- Avoid Telegraph Street, Washington Parkway, Buena Vista Boulevard and Green Springs Drive until 11 a.m.
- Exit 13 on Interstate 15 closed—Use Exit 10
- There is no State Road 9 access from Telegraph Street—Use Interstate 15 access from Exit 10
- Green Springs residents can cross the race course on Green Springs Drive at Cactus Lane and at Buena Vista Boulevard and Playa Della Rosita.

CITY OF HURRICANE:

- Sand Hollow Road closed—Use Flora Tech Road to access Dixie Springs and Elam Valley. Use 3000 South to access Sand Hollow Resort

CITY OF IVINS, KAYENTA AND SANTA CLARA

- Kayenta Parkway closed—Use Taviawk Drive to Center Street to 200 East to Highway 91
- Pioneer Parkway closed—Use Santa Clara Drive
- Avoid Snow Canyon Parkway—Use Sunset Boulevard to Santa Clara Drive; residents can cross the race course at Tuweep Drive and 200 East in Ivins.

RESIDENTS OF GUNLOCK

- Southbound traffic only on Gunlock Road. Local traffic will have access from Veyo. Follow pilot car on Highway 91.

RESIDENTS OF WINCHESTER HILLS

- Ledges Southbound on and off ramp closed—Use 5745 North Winchester Hills.*

RESIDENTS OF DAMMERON VALLEY

- Houses on the West side of SR18 use Dammeron Valley Drive to enter or Exit SR18.

SHIVWITS RESERVATION

- Flaggers will be present to allow access on Highway 91.*

*Follow pilot car.